



Mom Loves the Dogs More: A Memoir of Family Rescue.

Award-winning writer Cindy Ojczyk writes an honest portrayal of her family nearing the point of breaking. And then she brings home their first foster dog, and the chaos ramps up. Cindy's elegant prose balances out the sulky teen behavior and slammed doors, rapidly pulling readers along with her witty descriptions of her family's love-hate relationships with each other and their new furry interlopers. Cindy's clever prose gives readers so much to laugh about even as her family finds their way through mental health challenges of anxiety, ADHD, and depression, plus a rotating cast of foster pets looking for their own love and attention.

"Each foster dog brought with them lessons we didn't know we needed; those lessons stitched our family back together in ways therapy alone could not."

Author Cindy Ojczyk

Mom Loves the Dogs More paperback is available through every online retailer.

Order signed copies at cindyowrites.com

Publication Date: 9/18/25 by Screen Porch Press (self-published)

- Library of Congress Control Number 2025916971
- ISBN: 979-8998959714
- Library distribution partner OverDrive & Draft2Digital aggregator
- 295 pages



Cindy Ojczyk's background in fostering and parenting

Cindy Ojczyk is an award-winning writer, as well as a pet foster for almost three decades. Her work explores the emotional terrain of parenting, mental health, and the healing power of rescue animals. Cindy won a **Maxwell Medallion** for excellence in writing from the Dog Writers Association of America Award for her essay, "22,000 Acts of Lovingkindness."



More of Cindy's work:

- ["This is how to choose connection over control with teens," Parentingteensandtweens.com](https://parentingteensandtweens.com)
- Podcast guest speaking on ADHD- <https://lafayaway.com/>
- Podcast guest speaking on Pets and fostering: <https://www.ardenmoore.com/the-oh-behave-show> - top rated and the longest running pet podcast!

She lives near Minneapolis with her husband, a revolving cast of foster animals, and a few eccentric rescues who keep life interesting. Her adult children now tend to menageries of their own. Cindy publishes a weekly newsletter, "Like People, Like Pets." Find her work at cindyowrites.com and at cindyojczyk.substack.com.

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Did you know:

Teen mental health statistics

- The World Health Organization (WHO) reports globally, one in seven (14.3%) 10-19-year-olds experiences a mental health condition, yet these remain largely unrecognized and untreated. ([Sept. 1, 2025](#))
- National Alliance on Mental Illness (NAMI) estimates that 9% children between ages 3-17 have ADHD. ([NAMI Fact Sheet](#))

2024 Animal Shelter statistics from [U.S. Animal Shelter Statistics](#).

- 5.8 million dogs and cats entered shelters and rescues in 2024
- 4.2 million shelter animals were adopted into loving homes in 2024.
- Approximately 607,000 animals were euthanized in shelters in 2024.